

SPIRULINA FUN FACTS



Spirulina is a

BLUE-GREEN

microalgae that originates from lakes; it is also known as a cyanobacterium



Spirulina is a

SUPERFOOD

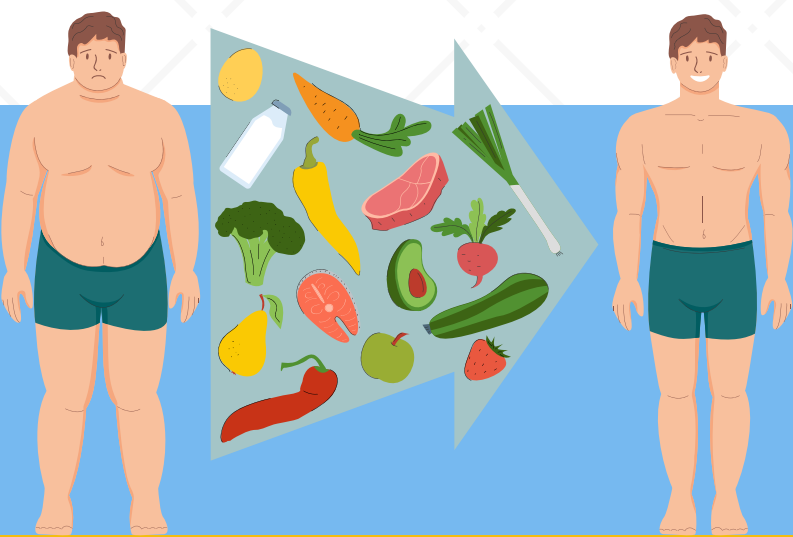
known for its exceptional health benefits due to its rich nutrients.



It encourages

WEIGHT LOSS

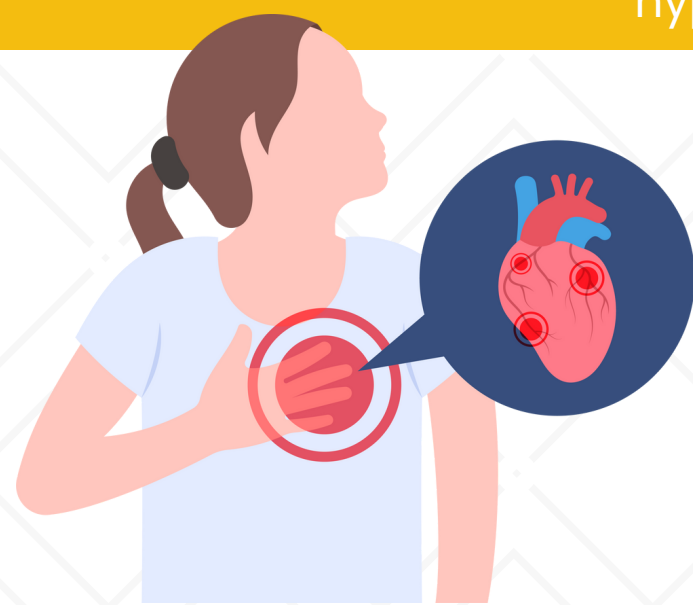
it is high in protein which helps to curb food cravings.



It helps lowers

BLOOD PRESSURE

Nitric oxide in spirulina helps dilate blood vessels and lower risk of hypertension



It helps reduce

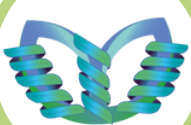
INFLAMMATORY

the acid, GLA (Gamma-linolenic acid) in spirulina helps with reduction of inflammatory factors

It is a great treatment for

ANAEMIA

because it is rich in iron, with one teaspoon contains 2mg of iron



FRESH SPIRULINA FARM

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